**Rochdale’s Short Breaks Matrix**

**Autumn / Winter 2020**

**If you have a child or young person up to the age of 18, who has a diagnosis of special educational need and/or disability, they could access a Short Break activity that takes place throughout the Rochdale Borough**

For more information on Rochdale’s Local Offer:

[www.ourrochdale.org.uk/localoffer](http://www.ourrochdale.org.uk/localoffer)

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**Sports**

**Outdoor Activities**

**Time out for Parent / Carers**

**Youth**

**Clubs**

**Holiday Clubs**

**New Skills & Experiences**

**Time out for Parents &**

**Carers**

**Arts &**

**Crafts**

**Rochdale Youth Service**

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| **Name** | **Activity** | **Description** | **Ages** | **When** | **Cost** | **Contact Details & Location** | **Siblings** |
| SEND Youth GroupRochdaleC:\Users\evansfelicity\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\F087A7F2.tmp | **Youth Club** | Sessions are young person led, where they learn informally and build friendships in a safe independent space. | 11-18yrs | Monday6pm - 8:30pm | Free | Moss Street Youth Centre 07929 379855Robert.morrow@rochdale.gov.uk | Siblings Welcome |
| SEND youth GroupHeywoodC:\Users\evansfelicity\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\F087A7F2.tmp | **Youth Club** | Sessions are young person led, where they learn informally and build friendships in a safe independent space. | 11-18yrs | Tuesday 6pm – 8.30pm | Free | Queen’s Park Heywood07929 379855Robert.morrow@rochdale.gov.uk | Siblings Welcome |
| SEND Youth GroupMiddletonC:\Users\evansfelicity\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\F087A7F2.tmp | **Youth Club**  | Sessions are young person led, where they learn informally and build friendships in a safe independent space. | 11-18yrs | Wednesday 6pm – 8.30pm | Free | Spring Vale Youth Centre 07929 379855Robert.morrow@rochdale.gov.uk | Siblings Welcome |
| SEND Youth GroupPenninesC:\Users\evansfelicity\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\F087A7F2.tmp | **Youth Club** | Sessions are young person led, where they learn informally and build friendships in a safe independent space. | 11-18yrs | Thursday6pm – 8.30pm | Free | Milnrow Youth Club 07929 379855Robert.morrow@rochdale.gov.uk | Siblings Welcome |
| Duke of EdinburghC:\Users\evansfelicity\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\6C20C8F.tmp | **Outdoor Activity** | From volunteering to physical activities, life skills to expeditions, achieving a DofE | 11-18yrs | Wednesdays6:30pm – 8pm | Free.Small initial registration fee.  | Rochdale District Wide 01706 922223Jamshed.Miah@rochdale.gov.uk | No |
| Youth Voice Project C:\Users\evansfelicity\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\D3A50478.tmp | **Youth Club** | Giving young people a voice on issues that affect them. | 11-18yrs | One Saturday per month. 10.30am-1.30pm  | Free | Moss Street Youth Centre07929 379855Robert.morrow@rochdale.gov.uk  | Siblings Welcome |
| School Holiday ActivitiesC:\Users\evansfelicity\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\4F23CD0.tmp | **Holiday Youth Club** | Activities and learning, led by young people where they learn informally and build friendships in a safe independent space.  | 11-18yrs | 10am – 4pmRuns over four weeks of summer holidays.  | Free | Rochdale District Wide 07929 379855Robert.morrow@rochdale.gov.uk Check with provider for availability and venue details  | Siblings Welcome. |

**Sports Works**

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| **Name** | **Activity** | **Description** | **Ages** | **When** | **Cost** | **Contact Details & Location** | **Siblings** |
| WeekendMulti-Sport ActivitiesImage result for sport | **Outdoor****Activity** | Various Outdoor sporting and stimulating activities, including fun, creative movement and skills building | 4-18yrs | Saturdays10am – 1pm | Per Session£3 | Rochdale District Wide Contact: Karen Rolling07947 5709550161 447 8835karen.rolling@sportworksltd.co.ukCheck with provider for venue details | Limited spaces for siblings. Check with provider |
| WeekendMulti-Sport ActivitiesImage result for sport | **Sports****Activity** | Various sporting and sensory activities, including creative movement and dance | 4-11yrs | SundaysTerm time only10am – 1pm | Per Session£3 | Rochdale District Wide Contact: Karen Rolling07947 5709550161 447 8835karen.rolling@sportworksltd.co.uk | Limited spaces for siblings. Check with provider |
| 12-18yrs | 1pm – 4pm |
| School HolidayMulti-Sport ActivitiesC:\Users\evansfelicity\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\4F23CD0.tmpImage result for sport | **Sports****Holiday Club** | Various sporting and sensory activities, including creative movement and dance | 4–18yrs | Tuesdays & Wednesday 10am – 3pm | Per Session£5 | Rochdale District Wide Contact: Karen Rolling07947 5709550161 447 8835karen.rolling@sportworksltd.co.uk | Limited spaces for siblings.  |

**Barnardo’s**

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| **Name** | **Activity** | **Description** | **Ages** | **When** | **Cost** | **Contact Details & Location** | **Siblings** |
| Nature NinjasC:\Users\evansfelicity\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\6C20C8F.tmp | **Outdoor Activity** | Learn about wildlife & enjoy a range if outdoor activities | 8-18yrs | Saturdays 9.30am – 12middayTerm time only | Per Session£1 | Hollingworth Lake Visitor Centre01706 769634rochdale.services@barnardos.org.uk | Limited spaces for siblings. Check with provider |
| Drama Group – Act TooImage result for drama | **Performing Arts** | Learn new skills and enjoy creating performances | 8-18yrs | Fridays 5.30pm – 7.30pmTerm time only | Per Session£1 | M6 Theatre Company01706 769634rochdale.services@barnardos.org.uk | Limited spaces for siblings. Check with provider |
| Art AttackImage result for paint brush | **Arts & Crafts** | Enjoy a wide range of creative activities | 8-18yrs | Thursdays5.30pm – 7.30pmTerm time only | Per session£1 | Springvale Youth Centre 01706 769634rochdale.services@barnardos.org.uk | Limited spaces for siblings. Check with provider |
| Chill Out – Speak OutC:\Users\evansfelicity\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\F087A7F2.tmp | **Youth Club** | A youth group for disabled children to offer peer support and enjoy activities that help to get ready for adulthood | 10-18yrs | Saturdays 1.30pm – 4pm | Per Session£1 | Matthew Moss Youth Centre01706 769634rochdale.services@barnardos.org.uk | Limited spaces for siblings. Check with provider |
| Art Holiday ClubC:\Users\evansfelicity\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\4F23CD0.tmpImage result for paint brush | **Creative****Holiday****Club** | Enjoy a wide range of creative activities | 8-18yrs | Thursday and Fridays10am – 3pmSchool Holiday period.  | Per session£3Includes lunch | Springvale Youth Centre01706 769634rochdale.services@barnardos.org.uk | Call to request a place.Limited spaces for siblings. Check with provider  |
| Junior Art AttackImage result for paint brush | **Arts & Crafts** | Enjoy a wide range of creative activities | 4 - 8yrs | Thursdays4pm – 5.30pmTerm time only | Per session£1 | Springvale Youth Centre 01706 769634rochdale.services@barnardos.org.uk | Limited spaces for siblings. Check with provider |

**Link 4 Life**

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| **Name** | **Activity** | **Description** | **Ages** | **When** | **Cost** | **Contact Details & Location** | **Siblings** |
| FRESH - School HolidayMulti-Sport ActivitiesC:\Users\evansfelicity\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\4F23CD0.tmpImage result for sport | **Sports****Holiday Club** | Various indoor and outdoor sporting and sensory activities. | 4-18yrs | School Holidays10am – 3pm Does not run during Christmas holiday period. Check with provider for availability | Free | Rochdale District Wide Contact: Aimee Gilder 07980 920112Aimee.Gilder@link4life.orgOrLeigh Anne Carnall07527 385885LeighAnne.Carnall@rochdale.gov.ukCheck with provider for venue details | Check with provider for details |

**The Arts Club**

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| **Name** | **Activity** | **Description** | **Ages** | **When** | **Cost** | **Contact Details & Location** | **Siblings** |
| Holiday ClubC:\Users\evansfelicity\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\4F23CD0.tmpImage result for paint brush | **Creative****Holiday Club** | Enjoy a wide range of creative activities. | 4-18yrs | 10am – 3pmSchool Holiday period. Check for availability | Free | 01706 750815Justin.Henderson@Redwood-School.comBased at Redwood school and venues throughout the Borough. Check with provider for venue details | No |

All of the above Short Break opportunities are facilitated by trained staff who are DBS checked

**COVID19**

We are reopening the Short Breaks sessions following lockdown. We want to do this in a safe way that keeps children safe and reassures you as parent / carers.

The Short Break sessions might look and feel different to how they have before, this is to make things as safe as possible.

Some of the changes to make things safer are: smaller groups and less sessions, staggered drop off/pick up times, different venues and activities, sessions taking place online, etc.

There will be different changes depending on the Short Break session. Please check with the Short Break provider to find out what the arrangements are and when sessions will be running.

**Families can attend one activity session per week during term-time and two activity sessions per week during the school holidays.**

This Short Breaks Matrix is not exhaustive. Services will be reviewed periodically and may be subject to change. Activities may be amended as required to meet the needs of children and families.

**For further information, please contact the Children with Disabilities Team:**

**Telephone**:01706 925 900

**Email:** [CWD@Rochdale.gov.uk](file:///C%3A%5CUsers%5Cevansfelicity%5CAppData%5CLocal%5CMicrosoft%5CWindows%5CINetCache%5CContent.Outlook%5CD8D8F6TV%5CCWD%40Rochdale.gov.uk)