**Rochdale’s Short Breaks Matrix**

**Autumn / Winter 2020**

**If you have a child or young person up to the age of 18, who has a diagnosis of special educational need and/or disability, they could access a Short Break activity that takes place throughout the Rochdale Borough**

For more information on Rochdale’s Local Offer:

[www.ourrochdale.org.uk/localoffer](http://www.ourrochdale.org.uk/localoffer)

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**Sports**

**Outdoor Activities**

**Time out for Parent / Carers**

**Youth**

**Clubs**

**Holiday Clubs**

**New Skills & Experiences**

**Time out for Parents &**

**Carers**

**Arts &**

**Crafts**

**Rochdale Youth Service**

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Name** | **Activity** | | **Description** | **Ages** | **When** | **Cost** | **Contact Details & Location** | **Siblings** |
| SEND Youth Group  Rochdale  [C:\Users\evansfelicity\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\F087A7F2.tmp](https://www.dreamstime.com/illustration/spray-paint-can-clip-art.html) | **Youth Club** | | Sessions are young person led, where they learn informally and build friendships in a safe independent space. | 11-18yrs | Monday  6pm - 8:30pm | Free | Moss Street Youth Centre  07929 379855  [Robert.morrow@rochdale.gov.uk](mailto:Robert.morrow@rochdale.gov.uk) | Siblings Welcome |
| SEND youth Group  Heywood  [C:\Users\evansfelicity\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\F087A7F2.tmp](https://www.dreamstime.com/illustration/spray-paint-can-clip-art.html) | **Youth Club** | | Sessions are young person led, where they learn informally and build friendships in a safe independent space. | 11-18yrs | Tuesday  6pm – 8.30pm | Free | Queen’s Park Heywood  07929 379855  [Robert.morrow@rochdale.gov.uk](mailto:Robert.morrow@rochdale.gov.uk) | Siblings Welcome |
| SEND Youth Group  Middleton  [C:\Users\evansfelicity\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\F087A7F2.tmp](https://www.dreamstime.com/illustration/spray-paint-can-clip-art.html) | **Youth Club** | | Sessions are young person led, where they learn informally and build friendships in a safe independent space. | 11-18yrs | Wednesday  6pm – 8.30pm | Free | Spring Vale Youth Centre  07929 379855  [Robert.morrow@rochdale.gov.uk](mailto:Robert.morrow@rochdale.gov.uk) | Siblings Welcome |
| SEND Youth Group  Pennines  [C:\Users\evansfelicity\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\F087A7F2.tmp](https://www.dreamstime.com/illustration/spray-paint-can-clip-art.html) | **Youth Club** | | Sessions are young person led, where they learn informally and build friendships in a safe independent space. | 11-18yrs | Thursday  6pm – 8.30pm | Free | Milnrow Youth Club  07929 379855  [Robert.morrow@rochdale.gov.uk](mailto:Robert.morrow@rochdale.gov.uk) | Siblings Welcome |
| Duke of Edinburgh  C:\Users\evansfelicity\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\6C20C8F.tmp | **Outdoor Activity** | | From volunteering to physical activities, life skills to expeditions, achieving a DofE | 11-18yrs | Wednesdays  6:30pm – 8pm | Free.  Small initial registration fee. | Rochdale District Wide  01706 922223  [Jamshed.Miah@rochdale.gov.uk](mailto:Jamshed.Miah@rochdale.gov.uk) | No |
| Youth Voice Project  C:\Users\evansfelicity\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\D3A50478.tmp | **Youth Club** | | Giving young people a voice on issues that affect them. | 11-18yrs | One Saturday per month. 10.30am-1.30pm | Free | Moss Street Youth Centre  07929 379855  [Robert.morrow@rochdale.gov.uk](mailto:Robert.morrow@rochdale.gov.uk) | Siblings Welcome |
| School Holiday Activities  C:\Users\evansfelicity\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\4F23CD0.tmp | | **Holiday Youth Club** | Activities and learning, led by young people where they learn informally and build friendships in a safe independent space. | 11-18yrs | 10am – 4pm  Runs over four weeks of summer holidays. | Free | Rochdale District Wide  07929 379855  [Robert.morrow@rochdale.gov.uk](mailto:Robert.morrow@rochdale.gov.uk)  Check with provider for availability and venue details | Siblings Welcome. |

**Sports Works**

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| --- | --- | --- | --- | --- | --- | --- | --- |
| **Name** | **Activity** | **Description** | **Ages** | **When** | **Cost** | **Contact Details & Location** | **Siblings** |
| Weekend  Multi-Sport Activities  [Image result for sport](https://www.google.com/imgres?imgurl=https://cdn1.vectorstock.com/i/1000x1000/09/25/sport-balls-cartoon-style-set-on-white-background-vector-9370925.jpg&imgrefurl=https://www.vectorstock.com/royalty-free-vector/sport-balls-cartoon-style-set-on-white-background-vector-9370925&docid=WqED3HRyVQJ5DM&tbnid=xYLr_OttHWXZdM:&vet=12ahUKEwiqj5CTjpznAhXsVRUIHf-mCLs4rAIQMyhXMFd6BQgBEMAB..i&w=1000&h=1080&safe=strict&bih=628&biw=1366&q=sport&ved=2ahUKEwiqj5CTjpznAhXsVRUIHf-mCLs4rAIQMyhXMFd6BQgBEMAB&iact=mrc&uact=8) | **Outdoor**  **Activity** | Various Outdoor sporting and stimulating activities, including fun, creative movement and skills building | 4-18yrs | Saturdays  10am – 1pm | Per Session  £3 | Rochdale District Wide  Contact: Karen Rolling  07947 570955  0161 447 8835  [karen.rolling@sportworksltd.co.uk](mailto:karen.rolling@sportworksltd.co.uk)  Check with provider for venue details | Limited spaces for siblings. Check with provider |
| Weekend  Multi-Sport Activities  [Image result for sport](https://www.google.com/imgres?imgurl=https://cdn1.vectorstock.com/i/1000x1000/09/25/sport-balls-cartoon-style-set-on-white-background-vector-9370925.jpg&imgrefurl=https://www.vectorstock.com/royalty-free-vector/sport-balls-cartoon-style-set-on-white-background-vector-9370925&docid=WqED3HRyVQJ5DM&tbnid=xYLr_OttHWXZdM:&vet=12ahUKEwiqj5CTjpznAhXsVRUIHf-mCLs4rAIQMyhXMFd6BQgBEMAB..i&w=1000&h=1080&safe=strict&bih=628&biw=1366&q=sport&ved=2ahUKEwiqj5CTjpznAhXsVRUIHf-mCLs4rAIQMyhXMFd6BQgBEMAB&iact=mrc&uact=8) | **Sports**  **Activity** | Various sporting and sensory activities, including creative movement and dance | 4-11yrs | Sundays  Term time only  10am – 1pm | Per Session  £3 | Rochdale District Wide  Contact: Karen Rolling  07947 570955  0161 447 8835  [karen.rolling@sportworksltd.co.uk](mailto:karen.rolling@sportworksltd.co.uk) | Limited spaces for siblings. Check with provider |
| 12-18yrs | 1pm – 4pm |
| School Holiday  Multi-Sport Activities  C:\Users\evansfelicity\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\4F23CD0.tmp[Image result for sport](https://www.google.com/imgres?imgurl=https://cdn1.vectorstock.com/i/1000x1000/09/25/sport-balls-cartoon-style-set-on-white-background-vector-9370925.jpg&imgrefurl=https://www.vectorstock.com/royalty-free-vector/sport-balls-cartoon-style-set-on-white-background-vector-9370925&docid=WqED3HRyVQJ5DM&tbnid=xYLr_OttHWXZdM:&vet=12ahUKEwiqj5CTjpznAhXsVRUIHf-mCLs4rAIQMyhXMFd6BQgBEMAB..i&w=1000&h=1080&safe=strict&bih=628&biw=1366&q=sport&ved=2ahUKEwiqj5CTjpznAhXsVRUIHf-mCLs4rAIQMyhXMFd6BQgBEMAB&iact=mrc&uact=8) | **Sports**  **Holiday Club** | Various sporting and sensory activities, including creative movement and dance | 4–18yrs | Tuesdays & Wednesday  10am – 3pm | Per Session  £5 | Rochdale District Wide  Contact: Karen Rolling  07947 570955  0161 447 8835  [karen.rolling@sportworksltd.co.uk](mailto:karen.rolling@sportworksltd.co.uk) | Limited spaces for siblings. |

**Barnardo’s**

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| --- | --- | --- | --- | --- | --- | --- | --- |
| **Name** | **Activity** | **Description** | **Ages** | **When** | **Cost** | **Contact Details & Location** | **Siblings** |
| Nature Ninjas  C:\Users\evansfelicity\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\6C20C8F.tmp | **Outdoor Activity** | Learn about wildlife & enjoy a range if outdoor activities | 8-18yrs | Saturdays 9.30am – 12midday  Term time only | Per Session  £1 | Hollingworth Lake Visitor Centre  01706 769634  [rochdale.services@barnardos.org.uk](mailto:rochdale.services@barnardos.org.uk) | Limited spaces for siblings. Check with provider |
| Drama Group – Act Too  [Image result for drama](https://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=2ahUKEwjqotHBkZznAhWPyIUKHc2hCtgQjRx6BAgBEAQ&url=https://www.shutterstock.com/search/drama%20cartoon?image_type%3Dvector&psig=AOvVaw1gDNj8PsyImNnlkxt2wPYj&ust=1579951803171099) | **Performing Arts** | Learn new skills and enjoy creating performances | 8-18yrs | Fridays  5.30pm – 7.30pm  Term time only | Per Session  £1 | M6 Theatre Company  01706 769634  [rochdale.services@barnardos.org.uk](mailto:rochdale.services@barnardos.org.uk) | Limited spaces for siblings. Check with provider |
| Art Attack  [Image result for paint brush](https://www.google.com/imgres?imgurl=https://cdn.clipart.email/d995e22dfdc838c1ceaa829ba8712978_art-palette-with-paint-brush-and-pencils-tools-for-drawing-vector-_800-717.jpeg&imgrefurl=https://www.clipart.email/clipart/paintbrush-and-pencil-clipart-12383.html&docid=u2blbeAyzmlxUM&tbnid=TNFkKTND6WDz2M:&vet=12ahUKEwisybiHkpznAhUPWhUIHRtpA2c4ZBAzKFAwUHoFCAEQuAE..i&w=800&h=717&safe=strict&bih=628&biw=1366&q=paint%20brush&ved=2ahUKEwisybiHkpznAhUPWhUIHRtpA2c4ZBAzKFAwUHoFCAEQuAE&iact=mrc&uact=8) | **Arts & Crafts** | Enjoy a wide range of creative activities | 8-18yrs | Thursdays  5.30pm – 7.30pm  Term time only | Per session  £1 | Springvale Youth Centre  01706 769634  [rochdale.services@barnardos.org.uk](mailto:rochdale.services@barnardos.org.uk) | Limited spaces for siblings. Check with provider |
| Chill Out – Speak Out  [C:\Users\evansfelicity\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\F087A7F2.tmp](https://www.dreamstime.com/illustration/spray-paint-can-clip-art.html) | **Youth Club** | A youth group for disabled children to offer peer support and enjoy activities that help to get ready for adulthood | 10-18yrs | Saturdays  1.30pm – 4pm | Per Session  £1 | Matthew Moss Youth Centre  01706 769634  [rochdale.services@barnardos.org.uk](mailto:rochdale.services@barnardos.org.uk) | Limited spaces for siblings. Check with provider |
| Art Holiday Club  C:\Users\evansfelicity\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\4F23CD0.tmp[Image result for paint brush](https://www.google.com/imgres?imgurl=https://cdn.clipart.email/d995e22dfdc838c1ceaa829ba8712978_art-palette-with-paint-brush-and-pencils-tools-for-drawing-vector-_800-717.jpeg&imgrefurl=https://www.clipart.email/clipart/paintbrush-and-pencil-clipart-12383.html&docid=u2blbeAyzmlxUM&tbnid=TNFkKTND6WDz2M:&vet=12ahUKEwisybiHkpznAhUPWhUIHRtpA2c4ZBAzKFAwUHoFCAEQuAE..i&w=800&h=717&safe=strict&bih=628&biw=1366&q=paint%20brush&ved=2ahUKEwisybiHkpznAhUPWhUIHRtpA2c4ZBAzKFAwUHoFCAEQuAE&iact=mrc&uact=8) | **Creative**  **Holiday**  **Club** | Enjoy a wide range of creative activities | 8-18yrs | Thursday and Fridays  10am – 3pm  School Holiday period. | Per session  £3  Includes lunch | Springvale Youth Centre  01706 769634  [rochdale.services@barnardos.org.uk](mailto:rochdale.services@barnardos.org.uk) | Call to request a place.  Limited spaces for siblings. Check with provider |
| Junior Art Attack  [Image result for paint brush](https://www.google.com/imgres?imgurl=https://cdn.clipart.email/d995e22dfdc838c1ceaa829ba8712978_art-palette-with-paint-brush-and-pencils-tools-for-drawing-vector-_800-717.jpeg&imgrefurl=https://www.clipart.email/clipart/paintbrush-and-pencil-clipart-12383.html&docid=u2blbeAyzmlxUM&tbnid=TNFkKTND6WDz2M:&vet=12ahUKEwisybiHkpznAhUPWhUIHRtpA2c4ZBAzKFAwUHoFCAEQuAE..i&w=800&h=717&safe=strict&bih=628&biw=1366&q=paint%20brush&ved=2ahUKEwisybiHkpznAhUPWhUIHRtpA2c4ZBAzKFAwUHoFCAEQuAE&iact=mrc&uact=8) | **Arts & Crafts** | Enjoy a wide range of creative activities | 4 - 8yrs | Thursdays  4pm – 5.30pm  Term time only | Per session  £1 | Springvale Youth Centre  01706 769634  [rochdale.services@barnardos.org.uk](mailto:rochdale.services@barnardos.org.uk) | Limited spaces for siblings. Check with provider |

**Link 4 Life**

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| **Name** | **Activity** | **Description** | **Ages** | **When** | **Cost** | **Contact Details & Location** | **Siblings** |
| FRESH - School Holiday  Multi-Sport Activities  C:\Users\evansfelicity\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\4F23CD0.tmp[Image result for sport](https://www.google.com/imgres?imgurl=https://cdn1.vectorstock.com/i/1000x1000/09/25/sport-balls-cartoon-style-set-on-white-background-vector-9370925.jpg&imgrefurl=https://www.vectorstock.com/royalty-free-vector/sport-balls-cartoon-style-set-on-white-background-vector-9370925&docid=WqED3HRyVQJ5DM&tbnid=xYLr_OttHWXZdM:&vet=12ahUKEwiqj5CTjpznAhXsVRUIHf-mCLs4rAIQMyhXMFd6BQgBEMAB..i&w=1000&h=1080&safe=strict&bih=628&biw=1366&q=sport&ved=2ahUKEwiqj5CTjpznAhXsVRUIHf-mCLs4rAIQMyhXMFd6BQgBEMAB&iact=mrc&uact=8) | **Sports**  **Holiday Club** | Various indoor and outdoor sporting and sensory activities. | 4-18yrs | School Holidays  10am – 3pm    Does not run during Christmas holiday period.    Check with provider for availability | Free | Rochdale District Wide  Contact: Aimee Gilder  07980 920112  [Aimee.Gilder@link4life.org](mailto:Aimee.Gilder@link4life.org)  Or  Leigh Anne Carnall  07527 385885  [LeighAnne.Carnall@rochdale.gov.uk](mailto:LeighAnne.Carnall@rochdale.gov.uk)  Check with provider for venue details | Check with provider for details |

**The Arts Club**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Name** | **Activity** | **Description** | **Ages** | **When** | **Cost** | **Contact Details & Location** | **Siblings** |
| Holiday Club  C:\Users\evansfelicity\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\4F23CD0.tmp[Image result for paint brush](https://www.google.com/imgres?imgurl=https://cdn.clipart.email/d995e22dfdc838c1ceaa829ba8712978_art-palette-with-paint-brush-and-pencils-tools-for-drawing-vector-_800-717.jpeg&imgrefurl=https://www.clipart.email/clipart/paintbrush-and-pencil-clipart-12383.html&docid=u2blbeAyzmlxUM&tbnid=TNFkKTND6WDz2M:&vet=12ahUKEwisybiHkpznAhUPWhUIHRtpA2c4ZBAzKFAwUHoFCAEQuAE..i&w=800&h=717&safe=strict&bih=628&biw=1366&q=paint%20brush&ved=2ahUKEwisybiHkpznAhUPWhUIHRtpA2c4ZBAzKFAwUHoFCAEQuAE&iact=mrc&uact=8) | **Creative**  **Holiday Club** | Enjoy a wide range of creative activities. | 4-18yrs | 10am – 3pm  School Holiday period.  Check for availability | Free | 01706 750815  [Justin.Henderson@Redwood-School.com](mailto:Justin.Henderson@Redwood-School.com)  Based at Redwood school and venues throughout the Borough.  Check with provider for venue details | No |

All of the above Short Break opportunities are facilitated by trained staff who are DBS checked

**COVID19**

We are reopening the Short Breaks sessions following lockdown. We want to do this in a safe way that keeps children safe and reassures you as parent / carers.

The Short Break sessions might look and feel different to how they have before, this is to make things as safe as possible.

Some of the changes to make things safer are: smaller groups and less sessions, staggered drop off/pick up times, different venues and activities, sessions taking place online, etc.

There will be different changes depending on the Short Break session. Please check with the Short Break provider to find out what the arrangements are and when sessions will be running.

**Families can attend one activity session per week during term-time and two activity sessions per week during the school holidays.**

This Short Breaks Matrix is not exhaustive. Services will be reviewed periodically and may be subject to change. Activities may be amended as required to meet the needs of children and families.

**For further information, please contact the Children with Disabilities Team:**

**Telephone**:01706 925 900

**Email:** [CWD@Rochdale.gov.uk](file:///C:\Users\evansfelicity\AppData\Local\Microsoft\Windows\INetCache\Content.Outlook\D8D8F6TV\CWD@Rochdale.gov.uk)