

Rochdale's Short Breaks Matrix

If you have a child or young person up to the age of 18, who has a diagnosis of special educational need and/or disability, they could access a Short Break activity that takes place throughout the Rochdale Borough

For more information on Rochdale's Local Offer:
www.ourrochdale.org.uk/localoffer



<u>Name of Session</u>	<u>Activity</u>	<u>Description</u>	<u>Ages</u>	<u>When</u>	<u>Cost</u>	<u>Contact Details & Locations</u>	<u>Siblings</u>
<u>Rochdale Youth Service</u>							
Rochdale Short Breaks Youth Session	Youth Club	Our short breaks funded universal youth sessions provides an environment for young people with Special Educational Needs and Disabilities to participate in a wide range of activities to promote their social, emotional development and with skills and knowledge to best support their needs.	11-18 yrs	Monday 6pm- 8.30pm	FREE	Moss Street Youth Centre, Moss Street, Rochdale, OL16 5NL, Jasmin.akhtar@rochdale.gov.uk	YES
Pennines Short Breaks Youth Session	Youth Club	Our short breaks funded universal youth sessions provides an environment for young people with Special Educational Needs and Disabilities to participate in a wide range of activities to promote their social, emotional development and with skills and	11-18 yrs	Tuesday 6pm- 8.30pm	FREE	Milnrow Youth Centre, 8 Pennine Drive, Rochdale, OL16 3DW, Jasmin.akhtar@rochdale.gov.uk	YES

		knowledge to best support their needs.					
Heywood Short Breaks Youth Session	Youth Club	Our short breaks funded universal youth sessions provides an environment for young people with Special Educational Needs and Disabilities to participate in a wide range of activities to promote their social, emotional development and with skills and knowledge to best support their needs.	11-18 yrs	Tuesday 6pm- 8.30pm	FREE	The Yard, 12 Argyle Crescent, Heywood, OL10 3DJ, Jasmin.akhtar@rochdale.gov.uk	YES
Middleton Short Breaks Youth Session	Youth Club	Our short breaks funded universal youth sessions provides an environment for young people with Special Educational Needs and Disabilities to participate in a wide range of activities to promote their social, emotional development and with skills and	11-18 yrs	Wednesday 6pm- 8.30pm	FREE	Springvale Youth Centre, Oldham Road, Middleton, M24 2JZ, Jasmin.akhtar@rochdale.gov.uk	YES

		knowledge to best support their needs.					
SEND Ambassadors Group	Youth Club	We provide an environment for young people with Special Educational Needs and Disabilities to participate in a wide range of activities to promote their social & emotional development, also as an Ambassador you will the get the opportunity to have your voice heard locally, regionally and nationally.	11-18 yrs	1 st Wednesday of Every Month, 5.30pm till 7pm.	FREE	Moss Street Youth Centre, Moss Street, Rochdale, OL16 5NL, sagub.hussain@rochdale.gov.uk	YES
Outdoor Activities Group including DofE	Youth Club	This groups meets every Wednesday evening at Matthew Moss Youth Centre. We plan and get involved in all things outdoors including the Duke of Edinburgh's award for those who are interested. The youth group is made up of	11-18 yrs	Wednesday 6.15pm till 8.30pm	Please Contact Jamshed Miah	Matthew Moss Youth Centre, Matthew Moss Lane, Rochdale, OL11 3LU, jamshed.miah@rochdale.gov.uk	YES

		young people from across the borough, if you are interested in getting involved, please drop in!					
<u>Redwood Arts Club</u>							
Redwood Holiday Club	Creative Holiday Club	A range of creative activities including cooking, arts & crafts, active games, sensory/messy play and performing arts.	4-18 yrs	School Holidays, 10am -3pm, Does not run during Christmas Holidays.	FREE	Based at Hudsons Walk site in Rochdale or REEC site in Middleton. Check with provider for venue details. Justin Axon, 01706 750815, Justin.Axon@redwood-school.com	NO
<u>Your Trust</u>							
FRESH – School Holiday Multi-sports Activities	Sports Holiday Club	Various indoor and outdoor sporting and sensory activities.	4-18 yrs	School Holidays 10am-3pm, does not run during Christmas period,	FREE	Rochdale District Wide, Contact: Gemma Hird, 01706 924234, gemma.hird@yourtrustrochdale.co.uk Or Contact: Samuel Smith, 01706 923261, Samuel.smith@yourtrustrochdale.co.uk Check with provider for venue details & availability.	Check with provider for details
<u>Barnardos</u>							
Junior Art Attack	Arts & Crafts	Enjoy a wide range of creative activities	4-8 yrs	Thursday 4pm-5.30pm	£1	Springvale Youth Centre, Oldham Road, Middleton, M24 2LA, 01706 769634, Rochdale.services@barnardos.orh.uk	YES
Art Attack	Arts & Crafts	Enjoy a wide range of creative activities	8-19 yrs	Thursday 6pm-8pm	£1	Springvale Youth Centre, Oldham Road, Middleton, M24 2LA, 01706 769634, Rochdale.services@barnardos.orh.uk	YES

Drama	Performing Arts	Learn new skills and enjoy creating performances	8-19 yrs	Friday 5.30pm-7.30pm	£1	M6 Theatre, Hamer CP School, Albert Royds Street, Rochdale, OL16 2SU, 01706 769634, Rochdale.services@barnardos.orh.uk	YES
Nature Ninja's	Outdoor Activities	Learn about wildlife & enjoy a range of outdoor activities	8-19 yrs	Saturday 9.30am-12pm	£1	Matthew Moss Youth Centre, Matthew Moss Lane, Rochdale, OL11 3LU, Occasionally venue to be located outdoors, 01706 769634, Rochdale.services@barnardos.orh.uk	YES
Youth Zone	Youth Club	A youth group for disabled children to offer peer support and enjoy activities that help to get ready for adulthood.	10-19 yrs	Saturday 1.30pm-4pm	£1	Matthew Moss Youth Centre, Matthew Moss Lane, Rochdale, OL11 3LU, 01706 769634, Rochdale.services@barnardos.orh.uk	YES